BRUNSWICK HILLS TENNIS CENTER

2020 BHTC SUMMER CAMP

Many talented juniors come to BHTC each year and vastly improve their game due to excellent training, hard work, discipline, and motivation. During our summer training, juniors train up to six hours daily. They make many new friends and have fun. Our program includes on-court and off-court fitness routines. Our dedicated and professional coaches instruct players, helping to improve their technical, tactical, and mental games. Supervised match play is implemented all summer. After years of experience and proven success with professional players, our uniquely developed program is sure to challenge and satisfy the needs of junior athletes.

Develop your complete game at Brunswick Hills Tennis Center by:

- **Improving your technique**
- **Focusing on shot selection**
- **Understanding the mental game**
- **Mastering singles and doubles strategy**
- **Controlling the momentum of the match**
- **Elevate and boost your fitness**

*Academy Players: Outdoor training at Brighton Avenue Municipal Fishing Pier Tennis Courts.

9 WEEKS Junior Athletes 11 years old & up.	
Half Day: $70 (pay as you go rate)	Full Day: $115 (pay as you go rate)
Half Day Week: $300 (committed week)	Full Day Week: $450 (committed week)
Unlimited Full Day Season: $3,000(Entire 9 weeks)	

*Full week must be used in the same week, no makeups if missed.

We will have separate groups for lunch to maintain social distancing…
We will have different lunch options for $6.

Camp Schedule

9 to 9:45am – Dynamic warm up, fitness, strength and conditioning.
9:45 to 10:45am – Stroke development, hand-fed drills for production, racquet-fed drills for muscle memory.
10:45 to 11am – Cool down, water break.
11 to 12pm – Live ball situation, point play drills and challenges.
12 to 1pm – Lunch break, relax time.
1 to 1:30pm – Warm up and coordination exercises
1:30 to 4pm –Competitive play, strategy and point situation

Brunswick Hills Tennis Center. 1020 NJ 18, East Brunswick, NJ 08816
Phone: (732) 238-1122 Email: info@bhtenniscenter.com

For further details, visit our website: www.bhtenniscenter.com

FREE CAMP T-SHIRT FOR ALL ENROLLMENTS!

Wednesdays are Camp Shirt Day! It's a special day full of treats, surprises and fun games!

SCHEDULE IS A 9 WEEK CAMP (circle weeks and indicate full or half days)	
Week 1: 7/6-7/10 FULL DAY/HALF DAY	Week 6: 8/10-8/14 FULL DAY/HALF DAY
Week 2: 7/13-7/17 FULL DAY/HALF DAY	Week 7: 8/17-8/21 FULL DAY/HALF DAY
Week 3: 7/20-7/24 FULL DAY/HALF DAY	Week 8: 8/24-8/28 FULL DAY/HALF DAY
Week 4: 7/27-7/31 FULL DAY/HALF DAY	Week 9: 8/31-9/4 FULL DAY/HALF DAY
Week 5: 8/3-8/7 FULL DAY/HALF DAY	

Enrollment Form - BHTC Summer Camp

Student's Name _____

Parent's Name _____

Address _____

Cellphone _____

Email _____

Notes _____

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