

# 2019 ALL-STAR SUMMER CAMP

Come join us for our 2019 All-Star Summer Camp Program. This camp is for 10 & under athletes playing with Red Ball, Orange Ball & Green Dot. Our camp structure is designed to incorporate dozens of activities that are centered around improving your child's tennis skill, overall athletic ability and fitness! Your child will experience a fun, competitive and highly energetic environment playing games and sports. Camp will run from June 24th, 2019-August 30th, 2019. Monday through Friday from 9:00AM- 4:00PM.

\*All-Star players will be group together according to their age and skill level. Tournament Prep Schedule: Orange and Green Dot ball.\*

### **Tournament Prep Schedule**

**9 to 9:30am** – Morning stretch, dynamic warm up

**9:30 to 11am** – Technique and stroke development with Dead ball drills

11 to 11:15am - Cool down, water break

**11:15 to 12pm** – Game strategy, Point play

**12 to 1pm** – Lunch break

1 to 1:30pm – Warm up exercises

**1:30 to 2:30pm** – Live ball drills

**2:30pm to 4pm** – Competitive play, strategy, and match play

Red, Orange, and Green Dot Ball (10 weeks) (10 and under)		
Half Day: \$65	Full Day: \$100	
(pay as you go rate)	(pay as you go rate)	
Half Day Week: \$300	Full Day Week: \$450	
(committed week)	(committed week)	
Unlimited Full Day Season: \$3,000(Entire 10 weeks)		

All-Star Packs	
10-Pack Half Day	\$600 (any days during Summer)
10-Pack Full Day	\$900 (any days during Summer)

#### **Camp Schedule**

**9 to 9:30am** – Morning stretch, warm up games/relay races

**9:30 to 10:30am** – Drills/Games (reflects Groups Tennis Lessons)

**10:30 to 10:45am** – Rest, water breaks and snacks

**10:45 to 12pm** – Stationed sports games (Tennis, soccer, tennis hockey and basketball)

**12 to 1pm** – Lunch break

1 to 1:30pm – Warm up exercises

**1:30 to 2:30pm –** Tennis practice for challenge games

**2:30 to 4pm** – Tennis competitive challenge games



#### FREE CAMP T-SHIRT FOR ALL ENROLLMENTS!

Wednesdays are Camp Shirt Day! It's a special day full of treats, surprises and fun games!

SCHEDULE IS A 10 WEEK CAMP (circle weeks and indicate full or half days)		
Week 1: 6/24-6/28 FULL DAY/HALF DAY	Week 6: 7/29-8/2 FULL DAY/HALF DAY	
Week 2: 7/1-7/5 FULL DAY/HALF DAY (July 4th NO CAMP! \$360 Pro Rate)	Week 7: 8/5-8/9 FULL DAY/HALF DAY	
Week 3: 7/8-7/12 FULL DAY/HALF DAY	Week 8: 8/12-8/16 FULL DAY/HALF DAY	
Week 4: 7/15-7/19 FULL DAY/HALF DAY	Week 9: 8/19-8/23 FULL DAY/HALF DAY	
Week 5: 7/22-7/26 FULL DAY/HALF DAY	Week 10: 8/26-8/30 FULL DAY/HALF DAY	

## **Enrollment Form - All-Star Summer Camp**